

FLAG FOOTBALL LEAGUE INFORMATION SHEET FALL 2009

This information sheet is intended to provide basic information and rules for this activity. Please refer to our web site for detailed information about policies, procedures, and sport rules.

REGISTRATION PERIOD:	Monday, August 24 – Wednesday, August 26
REGULAR SEASON DATES:	Sunday, August 30 – Monday, October 5
PLAYING DAYS:	Sunday – Thursday
PLAYING TIMES:	4:00PM – 11:00PM
SEASON FORMAT:	4 Regular Season Games

REGISTRATION PROCEDURES:

Registration will occur online at <http://tennessee.imtrackonline.com/> during the designated registration period beginning at 7:00AM on the first day of registration and concluding at 11:59PM on the final day. Captains/team representatives are strongly advised to create their IMOnline account by 5:00 PM the Friday before registration begins. If you have any problems creating an account, please call the IM Office at 974-2382. For further instructions on how to register, go to our web site at <http://recsports.utk.edu/>.

PRESEASON REQUIREMENTS:

Once registered, the team captain or a team representative from each team must complete the preseason requirements. Registered teams that fail to complete one of the below options will be ineligible for the postseason and/or dropped from the sport.

Option 1: The team captain or a representative shall complete the captain's quiz, which is located on Online@UT (Course Name: IM Sports Captain's Meeting) and a score of 85% must be obtained by NOON on Thursday, August 27.

Option 2: The team captain or a representative shall attend the preseason captain's meeting on Thursday, August 27 at 6:00 PM in TRECS Room 228.

[Type text]

LEAGUES OF COMPETITION:

<u>Men's Leagues</u>	<u>Women's League</u>	<u>CoRec Leagues</u>
Independent Competitive	Independent Open	Independent Open
Independent Recreational	Sorority	
Fraternity		

PARTICIPANT ELIGIBILITY:

Only current UT students who have paid the UPSF Fee or Faculty/Staff members who have a current RecSports membership are eligible to participate.

PARTICIPANT RESTRICTIONS:

Varsity Football Players are not eligible to compete in this sport. Participants can only play for ONE single sex team and ONE CoRec team. Participants may not change teams once they have signed in for a team.

TEAM ROSTERS:

Roster size is unlimited; however, no more than 14 (CoRec – 16) Intramural Champion T-Shirts will be awarded to the first place team in each league.

LEAGUE SCHEDULES:

Team schedules will be available on Friday, August 28 by 5:00PM online at <http://recsports.utk.edu/> and at <http://tennessee.imtrackonline.com/>.

SPORT RULES:

Please make sure to read over the sport rules at <http://recsports.utk.edu/>.

VOLCARD POLICY:

ALL participants are required to present their current VolCard prior to each game. If you have lost or misplaced your VolCard, please read the instructions on how to utilize the ID Forgiveness Policy, which is located in the Intramural Handbook.

ASSUMPTION OF RESPONSIBILITY:

Participation in UT RecSports Programs is voluntary and individuals use facilities at their own risk. Participation in any physical activity involves inherent risk and even when safety precautions are utilized, injuries and accidents can occur. The RecSports Department would like to encourage each individual to consult their physician and obtain adequate personal health/accident insurance prior to participation in our programs. UT does not provide personal health or medical insurance for participants.